



I am kind and share
my kindness with
others



I am capable of
handling
challenges



I believe in myself
and my abilities



I can learn new
things every day



Mistakes help me
learn and grow



My mind is full of
great ideas



I bring positivity to
those around me



I am calm, focused,
and ready to learn



I have a creative
imagination



I celebrate my
achievements



I am excited about
today



I will show kindness
to myself



It is okay to not
know everything



I can make a
positive difference



I accept myself for
who I am



I am grateful for
today